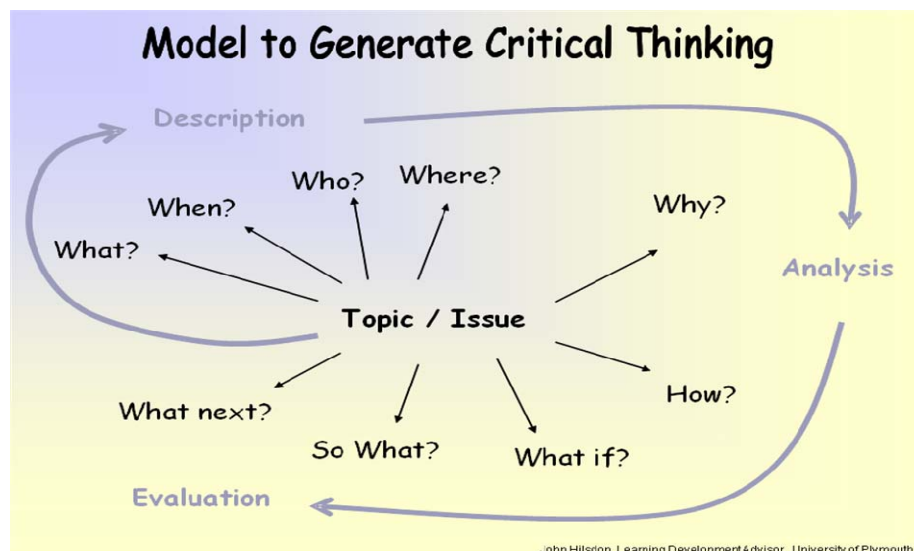


Critical Thinking and Reflection

Reflection and critical questioning

If you have been asked to do some reflective writing, you might like to go through the following questions to help make your reflection more critical. Place the question, topic or subject key words at the top of the page and write down your answers. Think carefully about all the possibilities and adapt the questions to suit your topic.

- What was a challenge for me? (What is the issue?) Why?
- What kind of place does this occur in? Why here?
- Who else is affected? How?
- When does this occur? What is the significance of the timing of this?
- How does this issue manifest (e.g.)? For me? For others around me?
- Why does it occur in this way?
- How have I addressed this in the past? Why? How would I address it now after studying/experiencing this? Why?
- What if I didn't address it?
- So what is the real/deeper issue that needs addressing?
- How might this be tackled? Why?



Further help and guidance can be found in the [critical thinking study guide](#).